

Enjoy our latest newsletter!

1 message

Lifeline Partnership <Lifeline@firsttrinitydc.org>
Reply-To: Lifeline Partnership <Lifeline@firsttrinitydc.org>
To: Susanne <SCBlume@gmail.com>

Wed, May 5, 2021 at 10:14 AM

Don't miss our May on-line event May 15

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Lifeline Partnership Spring 2021 Newsletter



You might remember the sign on the left. Its the one Pastor Tom posted at church the weekend we stopped having services and Lifeline events. That was 14 months ago. Last time I checked the sign was still there.

The picture on the right is one of many many in my phone as I tried to get this shot just right. Its not far from where I lived and I would walk by almost every day but there was always something wrong with the lighting or the sky or the angle. I think the bare tree in the front and the blooming tree behind make it the perfect metaphor for Lent. You have to go past the barren tree to get to the one in all its glory.

Having had to learn a lot this year about letting go of a desire to have things be as close to perfect as I can, I decided to share this less than perfect image because it seems to reflect where we are right now. Many of us are vaccinated. New announcements are made almost daily about re-openings and returns to something similar to what we remember from before the pandemic. We are not quite there yet but we are getting close. And it will be glorious.

Throughout this all, you have been there for us and I want to thank you all for your support of Lifeline and our participants as we have tried to make our way through the challenges of the past 14 months. We are very grateful.



March Celebration

In March, we usually hold our annual banquet and awards celebration in recognition of Developmental Disabilities Awareness month.

We held that online this year and gave out four very well deserved awards. The picture above features our four winners.

Beginning from the right side of the photo display, Elgin Warren won our Participant of the Year award. This award is named after beloved participant and board member George Harshaw. George has been gone for a few years now and we still miss him but were very excited that his family was able to join us on-line. They have generously decided to include a monetary gift with the award. We love that they wanted to do this.

The Volunteer of the Year award went to Herbert King. Herb richly deserved this award as someone who has spent many years involved with Lifeline and spends his time with us looking for ways to be helpful.

Kelli Martin received our Caregiver of the Year award. Kelli is one of the most gifted caregivers we have ever met and her professionalism and cheerfulness make it a pleasure to be around her.

Finally, Jane Fox Johnson won our Harlen Oelke award. This is given to someone for outstanding contributions they have made to Lifeline. Jane's work with our board development was a major factor in our ability to recruit a whole new generation of board members. This was invaluable to us in helping to ensure Lifeline's future.

We were sorry we couldn't share a meal together but we managed to put together a slide show so we could see some of the faces we have been missing, Board member Aunyea Carr led us in some movement and we finished the afternoon off with a terrific game of concentration. Its not the same as actually being together but it comes pretty close.



**Lifeline
@ Home**



How We're Connecting

Right now we are staying in touch three main ways:

Once a month we hold an on-line event via zoom. Besides our celebration in March, we have done an event called Seeing Ourselves where various Lifeline board members shared ways that folks with developmental disabilities are seen in a positive way in the media, from books to TV to art. For February we learned about songs and music in the Black sacred tradition with lots of singing and pictures.

Our most recent event, in April, looked at dancing and featured lots of videos about people dancing including someone in the Yukon, DC's Step Afrika and the Alvin Ailey dancers. We also did a little moving ourselves. These events are always on a Saturday at 2pm but we are also recording them (and providing ASL translation) so folks can see them later. You will find videos from past events on our you tube channel (Lifeline Partnership) and, hopefully soon, also on our website

We are doing a once a month mailing mainly aimed at folks who are not able to get on-line access. We call this Lifeline@Home.

Sometimes the mailings are related to our on-line events but also sometimes to a book or another theme. The packets include activities and crafts and other things. They are designed for folks to do them together with the other folks living with them. We hope they have provided some distraction and are fun.

Weekly we are putting together a Sunday school time. Folks need to sign up for this to receive the email. The email lets you know when the video is up on First Trinity's you tube channel and also includes attachments of puzzles, games and other activities.

If you would like to be on the list to receive a Lifeline @ Home packet regularly or the Sunday school email, please email Pastor Susanne at Director@LifelinePartnership.org.



Spring and Summer Rituals On Line Program May 15 at 2pm

If there is an upside to doing events on-line, it is that we can invite everyone to join us. We hope you will consider being a part of our May 15 on-line event. We will be talking about Spring and Summer rituals. We are also doing a mailing of spring and summer crafts and activities so folks can start to think about what those rituals might be.

The event will be at 2pm on Saturday May 15. Zoom information is below and again if you can't make it but want to take a look at what we are up to, the recording will be up on our you tube channel, usually within a week of the event.

ZOOM DIRECTIONS:

Meeting ID: 652 991 9463

Passcode for ON-LINE: j4Vbfe

Passcode for PHONE ONLY: 616493

- To connect using your computer's web browser go to this [link](#) or go to zoom.us, click "Join Meeting" and enter the meeting ID and online passcode.

- To connect by phone call 301-715-8592 and enter meeting ID and phone only passcode.

- OR download the Zoom app for your phone from the Apple App Store or Google Play, tap "Join Meeting", enter the meeting ID and password



What's Ahead

We are very excited about the next two on-line events after our May event.

In June we will have Game Day. Some games work on line (jeopardy, Simon says) but maybe not all. Join us as we play games that we think will work and maybe help us work through things that don't work so well. It would be great to have a lot of people joining in. Saturday, June 19 at 2pm.

In July we are going to talk about places we would like to visit. Everyone will get to talk about their dream vacation as we come closer to going on trips again becoming a reality. We will also have some folks share pictures from places they have been in the past and talk about why they would recommend a trip there. Saturday, July 17 at 2pm.

By the end of May, we should have the rest of our programming planned till the end of this calendar year. Right now we are going to plan for monthly on-line events but we would be happy to change our minds and make them in person if it seems like that is feasible. You can find out more by checking out our new website, which we talk about below.



New Website

We've put up a new website. Its at the same web address as before: www.LifelinePartnership.org but is on a more robust platform and gives us many more options about what to include.

Some portions of the website are still under construction but we are very excited about including a section on developmental disabilities in media and becoming more of a resource for folks looking for information on adults with developmental disabilities. We are also going to step up our social media presence, adding an Instagram and Twitter account. We'll explain the focus for each of our social media channels on the website.

The website will also be a place to go if you need to find our Zoom address when you are trying to go get on-line for one of our events.

Lifeline has many ways you can give.

Here are two:

You can donate your Thrivent Choice dollars.

We are also a part of the Amazon Smile program.

Just click on either of the images below to find out more.

Your support is always greatly appreciated!

The logo for Thrivent Choice is presented within a solid orange rectangular box. The text "Thrivent Choice" is written in a bold, white, sans-serif font, with a registered trademark symbol (®) to the upper right of the word "Choice". Below this, the tagline "An easy way to help support what matters most to you" is written in a smaller, white, sans-serif font, arranged in two lines.

Thrivent Choice®
An easy way to help support
what matters most to you



amazonsmile
You shop. Amazon gives.



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Accessibility: Elevator, vinyl floors, accessible bathrooms

Dietary issues: Crystal Lite lemonade and ice tea (no sugar or caffeine) blender and thickener available

**Make a tax deductible contribution,
one time or on a regular basis, by clicking on the button below**

Donate Now

You can also make a contribution by sending a check, payable to "Lifeline Partnership," to our mailing address at the bottom of the newsletter.



Lifeline Partnership provides spiritual and social programs for teens and adults with developmental disabilities. We seek to build community and a sense of belonging for those who are often marginalized because of their disability.

We encourage you to forward this email to any any persons who may be interested in our programs.

[forward to a friend](#)

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Unless otherwise noted, our events are held at
First Trinity Lutheran Church

The street address for First Trinity Lutheran is
501 4th Street, NW
Washington, DC 20001
(at the corner of 4th and E Streets, NW)

We are one half block from the Judiciary Square Metro

The parking lot at the corner of 4th and E
may be used for Lifeline events.

Our mailing address is:
309 E Street NW
Washington, DC 20001

Contact us:
Pastor Susanne Blume
Executive Director

phone - (202) 628-4819
email - Director@LifelinePartnership.org

Visit our website for upcoming events:

**Looking for a place to
volunteer? We have lots of
opportunities doing a lot of
different things.**

**Just contact us and we would
be happy to get you involved.**

<http://www.lifelinepartnership.org/>

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